Parker Holt 5K Celebration Run

Manchester Community College, Manchester, CT
Sunday, November 11, 2012
11:00 a.m.

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Male ☐ Female ☐ Age on Race Day _____ Date of Birth _____

Runner ☐ Walker ☐

Trophies will be given to the Top 3 M/F in each Age Group, and "Most Veteran" Male & Female

Age Groups: Under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+

WAIVER:

I know that participating in a road race is a potentially hazardous activity. I will not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided, there will be traffic on the course route. I assume the risks of running in traffic. I also assume any and all other risks associated with running this event and its related activities, including but not limited to; falls, contact with other participants, effects of the weather, including high heat and/or humidity; and the other conditions of the roads, intake of food or beverage provided at the race; all such risks being known and appreciated by me. Knowing these facts and in consideration of you accepting my entry fee, I hereby, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Silk City Striders, the City of Manchester, the Manchester Police, Race officials, Volunteers, any and all sponsors including their agents, employees, assigns or anyone acting on their behalf, from any and all claims, liabilities for death, personal injury or property damage of any kind or nature whatsoever arising out of , or in the course of, my participating in this event. This release or waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, know and unknown. Application of minors under 18 will be accepted on/with a parent's signature.

_____ _____

Athlete's Signature (Parent's signature if athlete is under 18 years of age) Date

Entry Fees:	Pre-Registration	$15	$10 for 50+ Years Old	80+ Years Old FREE
	Race Day Registration	$20	$15 for 50+ Years Old	80+ Years Old FREE

Make checks payable to: Silk City Striders

Mail entry form to: Silk City Striders, 547 Forbes Street, East Hartford, CT 06118

For additional information please visit www.SilkCityStriders.org

All proceeds benefit the Prostate Cancer Foundation (PCF) in Parker's memory.