

The **2nd Annual Ray Crothers Memorial Scholarship Road Race** will be held on the campus of Central Connecticut State University in New Britain on Saturday, October 24, 2010 at 10:00 AM. The Silk City Striders, Road ID, The Willimantic Athletic Club and The New Britain Herald/Bristol Press are sponsoring the event.

Ray was a CCSU cross-country All-American and Hall of Famer, who passed away in February 2008. His running accomplishments brought national recognition to CCSU. Ultimately he became a four-time winner of the Manchester Road Race winning in three different age divisions. His long time ownership of The Run In, a running shoe store in Rocky Hill, allowed him to befriend, advise and encourage young and old alike in the art of long distance running. He was truly legendary in the sport of road racing.

Proceeds from the fundraiser will benefit CCSU Cross-Country/Track and Field scholarships. Holding the race on the CCSU campus is intended to honor the memory of Ray and to support CCSU student-athletes. Last year nearly 150 runners participated and hopes are to increase that number to over 300 this year. We will continue to offer individual category trophies (2) and team trophies (3) for the top finishers of both genders.

Attached are is an entry form and course map. Hope to see you there.

2nd Annual Ray Crothers Memorial 5K Run

Sponsored by: Road ID, Silk City Striders, Willimantic Athletic Club

All proceeds will benefit the CCSU Ray Crothers Scholarship Fund

Timing by

The Last Mile Racing -- Register online by clicking on the link below:

<http://register.thelastmileracing.com/Search/event.aspx?event=bb8e1164-01d7-4592-b014-6d32fae83e6e.aspx>

Location:

Central Connecticut State University, New Britain, CT

Directions:

From Northern New England- I-91 South to I-84 West to CT 9 South Exit 29 Right on Ella Grasso Blvd., parking on left

From the Boston area- Mass Pike I-90 to I-84 West CT 9 South Exit 29 Right on Ella Grasso Blvd., parking on left

From New Haven, New York City – I-95 East to I-91 North Exit 22N to CT 9 North Exit 29. Straight on Fenn Road, first left on to Ella Grasso Blvd., parking on left

Date:

Sunday October 24, 2010

Time and Distance:

9:45 a.m., 800 Meter Run for Kids 12 & under
10:00 a.m. 5K Run / Walk

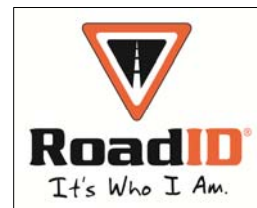
Entry fee:

Kids Race \$ 5.00
Adult Run & Walk: \$20.00 Pre-Registered
\$25.00 Race Day

Make checks payable to: Silk City Striders

Mail check and entry form to:

Silk City Striders
c/o Bekkie Wright
547 Forbes Street
East Hartford, CT 06118



All Pre-Registrations received by October 8th will receive a Ray Crothers Memorial T-shirt.

Awards:

Trophies will be presented to the Top 2 individual finishers in each Age Group, and the Top 3 Men's (5 man) & Women's (3 women) USATF Club Teams

Age Groups:

Boys & Girls 800 meters - Trophies for Top 2 Male & Female finishers. Ribbons to all participants.
Men & Women 5K – 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and older

Name _____ Age (on 10/24/10) _____ Male _____ Female _____

Address _____

City _____ State _____ Zip _____

E mail _____

Club Affiliation: _____

Run/Walk (Select one): Kids 800 Meters _____ Walk _____ 5K Run _____

Shirt size (Pre-Reg only): Youth Med. _____ Sm. _____ Med _____ L _____ XL _____

Release: In consideration of the acceptance of my entry, I, for myself, my heirs, executors and assigns, waive, release and discharge any and all rights and claims for damages against the meet director, officials, The CCSU Alumni Track Association, The Run In, Silk City Striders, The Willimantic AC and Road ID, for all claims of damages, actions whatsoever in any manner arising or resulting from my participation in this race. I attest and verify that I have full knowledge of the risks involved in this race, and I assume these risks, and that I am physically fit and sufficiently trained to participate in this race.

Signature _____ Date _____

Parents permission signature if under 18 _____

