



SILK CITY STRIDERS 2010 Membership Application/Renewal Form

Name _____ Birthdate _____

Street Address _____

City _____ State _____ Zip _____

Phone # Home _____ Work _____

Cell _____

Email Address: _____

Family Members Name: _____ Birthdate _____

Name: _____ Birthdate _____

Name: _____ Birthdate _____

Type of Membership (Check all that apply):

<input type="checkbox"/>	Family (\$15.00)
<input type="checkbox"/>	Individual (\$12.00)
<input type="checkbox"/>	Check Here if you cannot access the newsletter online, and wish to have it mailed. <i>Add \$3.00 to cover postage. Thank you.</i>
See next page for available Silk City Striders Apparel	

I know that running is a potentially hazardous activity. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by the decision of a club official relative to my ability to safely complete the run. I assume all the risks associated with running in club activities including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and or humidity, the condition the roads and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership. I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, USA Track & Field, the Silk City Striders and all sponsors, their representatives and successors from all claims or liabilities of any kind rising out of my participation in club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNATURE

(parent or guardian if applicant under 18 years of age) _____

Make checks payable to "SILK CITY STRIDERS"

MAIL TO: John Sloan, Treasurer, 11 Otis Street, Manchester, CT 06040

**QUESTIONS? Contact John Sloan at 860-643-6123 or Bekkie Wright at (860) 461-1486
or via email at webmaster@silkcitystriders.org**

SILK CITY APPAREL



Club Singlets - \$15 each
(from Eastbay)

Men

S M L XL

Women

XS S M L



Fleece Hat



White Cap



Orange Cap



White Visor

Fleece Hats

\$12 each

One Size Fits All

Running Caps & Visors
(from Headsweats)

Caps \$20 each
Visors \$17 each

White CAP

Orange CAP

White VISOR



Heavyweight Sweatshirts:
80% cotton / 20% polyester

“Classic Hoodie” has a hood with drawcord and front pouch pocket.

Crewneck has no hood or pocket. Both styles have cotton/lycra ribbed cuffs.

Club Sweatshirts: Crewneck \$15 each

XS S M L

Club Sweatshirts: Hooded \$20 each

XS S M L XL