



**Silk City Striders
Manchester Silkworm**

(Bekkie Wright, Joe Poliquin, Rick Chromik,
Mike Fromerth & Andy Zyrek)

Brendan Prindiville	23:40
Thomas Paquette*	25:13
Adam Bulewich	26:27
Mike McCall	26:47
Scott Livingston	27:04
Conor Hackett	27:05
Lance Flamino	27:10
Brendan Callahan	27:36
Yolanda Flamino (#5 F30-39)	27:45
Tom Geer	27:54
Aaron Flamino	28:10
Scott Freeman (#2 M50-54)	28:35
Ned Kennedy (#4 M50-54)	28:41
Neal Leibowitz	28:41
John Paggioli (#5 M45-49)	28:53
John Agosto	29:06
Ryan Vandine	29:29
Jason Earl	29:32
Matt Yoder	29:33
Mike Tartar	29:46
Linda Yamamoto	29:52
Michael Westfall	30:07
Brandon Shore	30:17
Anne Leonard	30:48
Benjamin Vandine	31:08
Bill McGugan (#5 M55-59)	31:12
Matt Estes	31:19
Mitch Bielenda	31:48
Steve Morse	31:56
Tim Blinn	32:03
Deborah Livingston*	32:20
Amira Lerario	32:38
David Leak	32:44
Michael Tirrell	32:44
Michael Presti	32:50
John Sloan	32:58
Keron Smith	33:20
Noe Vasquez	33:29
Tony Hollister	33:31

**74th Annual
Manchester Road Race
November 25, 2010**

Following are **Net Time** results
for Silk City Striders Members
(Past & Present), Family & Friends

* First Male & Female Silk City Striders –
(current club members @ Nov. 2010)
Thomas Paquette led the way for the Men,
with Debbie Livingston regaining
the top spot for the Women.

David Bendzinski	33:32
Dani Kennedy	33:35
Nicholas Vandine	33:53
Dean Bolt	33:56
James Janiak	34:03
Paul Damon	34:06
Ian Roberts	34:10
Adam Paggioli	34:11
Bill & David Metzger	34:13
Chrissy Bendzinski	34:25
Scott Hollister	34:26
Mike Bendzinski	34:28
Dale Toce	34:29
Rachel Blinn	34:29
King Archibald	34:36
Kathy Manizza	34:36
Amby Burfoot	34:36
Mark Turkington (#4 M65-69)	34:49
Andrew Cannella	35:09
Jonathan Vandine	35:21
Zach Brayfield	35:57
Mike Saimond	36:06
Peter Devine	36:09
James Lee	36:15
Ray Carta	36:19
Bryce Metzger	36:31
Erica Shore	36:32
Zoe Ounpuu-Adams	36:36
Michael Dolen	37:02
Edward Yergeau	37:02
Ginny Welch	37:22
Tom Walsh	37:27
Cassandra Webb-Monaco	37:30
Brad Shoenfelt	37:35
Russell Saucier	37:58
Matt Liles	37:58
Mike Lee	38:01
Nevin Ounpuu-Adams	38:06
Alan McCall	38:09

Kristen Metzger	38:11	Joyce Thorner	50:51
George Ripley III	38:18	Annemarie DeMonte (#3 F70-74)	51:35
Kyle Toce	38:24	Myles Kessler	51:38
Ken Ballette	38:24	Danielle & Mark Helisek	52:01
Kara Miffitt	38:48	Marc Shok	52:03
David Shluger	38:54	Randy Potterton	52:32
Scott Templeton	38:59	Michael Salcius	52:55
Ken Larson	39:12	Tim Saimond	52:57
Zofia Turosz (#2 F70-74)	39:49	Jay Seney	53:21
Tom Butterfield (#4 M70-74)	40:03	Brian Seney	53:22
Cathy King	40:32	Clinton Driscoll	53:29
Carole Saucier	40:39	Cassandra Saimond	54:07
Hayley & John Collins	40:58	Dennis Blondin	54:10
Art & Jody Byram	41:00	Kyle Thornton	54:27
Timothy Brennan	41:24	Pilgrims (Thorntons)	54:33
Michael Toce	41:36	Andre Mesnil	54:45
Samuel Iacobellis	42:05	Robert Bieri Jr.	55:24
Matthew Peak	42:17	Anthony Dennis	55:41
Doug Flamino	42:21	Emily Shok	56:14
MaryLou White	42:44	Richard Shok	56:16
Sylvia Ounpoo & Jim Adams	42:55	Kate & Tony Bonanno	56:22
Lee Paquette	43:02	Martin Keibel	57:55
Paul Gresh	43:28	Silk City "Manchester Silkworm"	58:03
Susan Leslie	43:31	Richard Alexandre	58:06
Melissa Jolly	43:45	Sue Riley	58:11
Betty Cannella	43:56	John Salcius	58:31
Olivia Shluger	44:11	Katherine Kamerer	59:04
Karina Lora	44:27	Silva Mesnil	59:28
Janit Romayko (#3 F65-69)	44:40	Roland Roy	59:44
Dorothy Paquette	44:55	Jackie Lancaster	59:47
Heidi Chromik	44:56	Patricia Barsamian	59:54
George Caye	45:13	Judi Shok	1:00:05
James Iacobellis	45:27	Jill & Lindsay Ramos	1:01:59
Meg Bendzinski	45:37	Linda Romejko	1:01:03
Lynn Damon	46:54	Monica Lee	1:01:26
Amy Estes	47:25	Dan Jakowski	1:01:48
Beth Shluger	47:48	Dan Kennedy	1:02:56
Miriam DeGrandi	47:49	Ted Kennedy	1:02:57
Sharon Beebe	48:12	Katie Steele	1:04:47
Alex Mesnil	48:16	Edward, Ed, Eddie & Noreen Steele	1:06:07
Daniel Schumacher	48:16	Robin Crossley	1:27:55
Janice Tirrell	48:18	Karen Saunders	1:32:32
Michelle Sawyer	48:32		
Patricia Saimond	48:38		
Carolyn Nielsen	48:39		
Jeff Lancaster	48:49		
Jennifer Lee	49:06		
Nancy Gresh	49:43		
Carole Phelan	49:53		
Angelee & Carolyn Carta	50:17		

Special Thanks to:

MRR Committee Members

**Jim Balcome, Greg Best, Peter Boucher,
Tris Carta, Ken Larson, Jack Leonard
and Dave Prindiville**
for another great year.