



**EAST HARTFORD PARKS & RECREATION DEPARTMENT  
PRESENTS**

**THE 25<sup>TH</sup> ANNUAL HIGH SCHOOL ALUMNI CROSS COUNTRY CHALLENGE**

**Thursday, August 12, 2010, 6:30 PM SHARP**



**Veterans Memorial Clubhouse (100 Sunset Ridge Drive)  
5 Kilometers (3.1 miles)**



**Awards and post-race refreshments available following race.**

**Entry Fee: \$15.00 pre-registered by August 2, (guarantees t-shirt if received by August 2, 2010)**

**After August 2 and on race day (5-6PM) registration fee is \$20.00.**

Open to all high school graduates and present students including Connecticut High School Alumni and East Hartford and Penney High School Alumni. The 25<sup>TH</sup> annual race. Divisions for men include: (top 10 individual finishers) Divisions for women include: (top 10 individual finishers) Team Competition (first, second & third places) combined decades of graduation must consist of 3 members who graduated from the same school (may be combined male and female team members). Awards to top five EHHS/Penney men & women finishers.

**Please return all applications to the East Hartford Parks and Recreation Department, 50 Chapman Place, Box 1, East Hartford, CT 06108. Make checks payable to the TOWN OF EAST HARTFORD.**

**For more information contact Jim Uhrig at 860-291-7164. E-mail: juhrig@ci.east-hartford.ct.us**

**REGISTRATION FOR HIGH SCHOOL ALUMNI CROSS COUNTRY CHALLENGE 08/12/2010**

**Name:** \_\_\_\_\_ **Male:** \_\_\_\_\_ **Female:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**High School Name:** \_\_\_\_\_ **Year of Graduation:** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_

**Fee Paid: \$15.00 by 8/2; \$20.00 after 8/2: (Activity #54011-4) CASH \_\_\_\_\_ CHECK (#) \_\_\_\_\_ DATE: \_\_\_\_\_**

**T-Shirt Size (please check)    SMALL \_\_\_\_\_ MED. \_\_\_\_\_ LARGE \_\_\_\_\_ EXTRA LARGE \_\_\_\_\_**

**PLEASE READ AND SIGN THE FOLLOWING WAIVER RELEASE**

The Town of East Hartford Park & Recreation Department HS ALUMNI XC CHALLENGE involves a variety of physical activities and there is an element of risk involved which each participant must assume (including injury, disability or death). I affirm that my health is adequate and that I am not under a physician's care for any undisclosed condition that bears upon my fitness to participate in the Program. The undersigned hereby agrees:

1. I FULLY ASSUME ALL RISKS ASSOCIATED WITH UTILIZATION OF AND PARTICIPATION IN THE HS ALUMNI XC CHALLENGE AND AGREE NOT TO SUE AND HEREBY RELEASE THE TOWN OF East Hartford, ITS AGENTS, SERVANTS, EMPLOYEES, VOLUNTEERS, ELECTED OFFICIALS, BOARDS AND COMMISSIONS (collectively "The Town"), FROM ALL LIABILITY SHOULD AN INJURY TO ME OCCUR DURING PARTICIPATION IN THE HS ALUMNI XC CHALLENGE.
2. I, FOR MYSELF AND FOR MY HEIRS, EXECUTORS, ADMINISTRATORS, AND LEGAL REPRESENTATIVES, AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS THE TOWN, FROM ANY AND ALL CLAIMS, SUITS OR DEMANDS BY ANYONE ARISING FROM MY USE OF OR PARTICIPATION IN THE HS ALUMNI XC CHALLENGE.
3. IF I AM A PARENT OR GUARDIAN SIGNING ON BEHALF OF A CHILD OR WARD, I MAKE THESE REPRESENTATIONS AND AGREEMENTS ON BEHALF OF MY CHILD OR WARD. I certify by my signature that I have read this document carefully, understand the risks involved with HS ALUMNI XC CHALLENGE participation and wish to continue with participation.

I give the Town of East Hartford permission to use any photographs of me or my child taken while participating in this event.

Signature Participant \_\_\_\_\_ Date \_\_\_\_\_

Participant (Print Name) \_\_\_\_\_

Signature Parent/Legal Guardian (if under 18 years of age) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal Guardian (Print Name) \_\_\_\_\_

**DIRECTIONS TO VETERANS MEMORIAL PARK**

**(100 Sunset Ridge Drive)**

**Traveling I-84 WEST:** Take Exit 62 & 60  
Merge onto I-384 East ramp.  
Exit 1, Spencer Street.  
At traffic light at end of exit ramp take a right onto Spencer Street  
Follow Spencer Street until it becomes Silver Lane (this occurs when you cross the Manchester Town Line into East Hartford)  
At the second traffic light take a right onto Ridgewood Road.  
At stop sign, take a right onto Sunset Ridge Drive  
The park is at the top of the hill.



**Traveling I-84 EAST:** Take Exit 59 (I-384 East)  
Take Exit 1 on I-384 (Spencer Street) At traffic light at end of exit ramp take a right onto Spencer Street.  
Follow Spencer Street until it becomes Silver Lane (this occurs when you cross the Manchester Town Line into East Hartford).  
At the second traffic light take a right onto Ridgewood Road  
At stop sign, take a right onto Sunset Ridge Drive.  
The park is at the top of the hill.